

ANZACPE CONFERENCE 2022



WATERS UNDER THE BRIDGE

THE LIMINAL SPACES OF
RECONNECTING

AUGUST 21-24 2022

Catholic Leadership Centre
576 Victoria Parade, East Melbourne VIC 3002

PROGRAM

<https://www.anzacpe.org.au/2022-melbourne-conference/>

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PROGRAM SNAPSHOT

SUNDAY 21ST AUGUST

- 12.30 ANZACPE Board Meeting
- 2.45 Registration Opens
- 3.30 Afternoon Tea
- 4.00 Conference Opening & Ritual
Welcome to Country
A Musical Journey
- 7.00 Dinner Offsite

MONDAY 22ND AUGUST

- 8.45 Welcome and Housekeeping
- 9.00 Reflection
- 9.15 Keynote Speaker
- 10.30 Morning Tea
- 11.00 Keynote Speaker
- 12.30 Lunch
- 1.30 Concurrent Workshops 1
- 2.45 Cross Sector Panel
- 3.45 Afternoon Tea
- 4.15 Concurrent Workshops 2
- 6.00 Dinner Offsite

TUESDAY 23RD AUGUST

- 8.45 Welcome and Housekeeping
- 9.00 Reflection
- 9.15 Keynote Speaker
- 10.30 Morning Tea
- 11.00 Keynote Speaker
- 11.30 ANZACPE Updates
- 12.30 Lunch
- 1.30 Concurrent Workshops 3
- 2.45 Concurrent Workshops 4
- 3.45 Afternoon Tea
- 4.15 Concurrent Workshops 5
- 6.00 Conference Dinner

WEDNESDAY 24TH AUGUST

- 8.45 Welcome and Housekeeping
- 9.00 Reflection
- 9.15 Guest Speaker
- 10.30 Morning Tea
- 11.00 World Cafe
- 12.30 Closing Ritual
- 1.00 Lunch
- 2.00 Conference Ends



KEYNOTE SPEAKER:

DR CATH MCKINNEY

BEd, MAppSci, GradDipTh, PhD



Cath is the Professional Supervision Program Director at the University of Divinity. She has extensive experience as a group relations consultant where she specialises in helping people to flourish as they take up their roles. Cath graduated with her Doctor of Philosophy from the University of Divinity (through Pilgrim Theological College) in 2020. Her thesis, entitled 'Leading Saturday Lives' is centred around the experience of disappointment as central to an authentic understanding of a Christian theology – from Mary as bereaved mother to the presence of the absence of God in the disappointment of Holy Saturday. Her research was stirred by her work as a prison chaplain and as a minister in an inner-city community church for many years. Accredited teaching disciplines: Professional Supervision, Practical Theology and Ministry Studies, Leadership, Group Relations.

GUEST SPEAKERS:

AUNTY JANET TURPIE-JOHNSTONE

BTheol, PhD (in process)



Aunty Janet was born in Portland, Victoria. She has Ancestral connections in South Australia, but Portland remains her homeland. She has lived in Melbourne all her adult life, and her deep self wishes to return to the Country. She has three adult children and one Burrai (Granddaughter). Aunty Janet's greatest love is the ocean, forest and all our native Creatures. At present Aunty Janet is researching a PhD at ANU on Humans and Relationship to Country. She teaches Indigenous and Health, Bioethics and Evidence Based Research at ACU. Aunty Janet serves on the Mullum Mullum Indigenous Gathering Place Board, and is Chairperson of Boorndawan Willam Aboriginal Healing Service Board. She is also on the Burrinja and Wellspring Boards. She has recently been appointed to Chair the Committee of the newly developing School of Indigenous Studies through the Melbourne College of Divinity.

ANJA TANHANE: A MUSICAL JOURNEY OF REFLECTION AND CONNECTION



This workshop will guide participants through a mindfulness-based reflection on the past two years, followed by a musical journey and the opportunity for sharing in small groups. In the second half of the workshop, participants will then be led through a series of enjoyable body movements and vocal exercises to relax the body and warm up the voice, followed by singing songs related to the theme of rivers and water."



WORKSHOPS 1 - 1.30PM MON 22ND AUGUST

JENNIFER GREENHAM, RACHEL GAROFALO, HANNAH FRIEBEL: WHAT ARE WE SAYING 'YES' TO?

ROOM A

When we say yes to something, we're often saying no to something else, generally, ourselves. This can create detrimental effects on one's health, mental health and spirituality. Clinical Pastoral Education's beloved Boisen believed that mental illness was a response to the soul's attempt to find meaning. This mission of meaning can be arduous for one who feels isolated or ostracised from themselves. In this workshop, Hannah, Rachel and Jenny seek to offer a space to guide us back to our sense of self and explore lived experience, as it relates to spiritual care and the foundation of CPE. This will unfold in three parts; the journey and some statistics and research relating to mental health within our society; connection and celebration of the relationship between spiritual care and mental health, and an invitation to listen for greater awareness in a movement meditation practice.

CATHY BROWN: LANDING IN OPEN GROUP

STUDIO 3/4

Open Group is a time that has traditionally caused myself, my co-supervisors and my participants a fair degree of anxiety. When the anxiety is too high, participants have been afraid to "land" in the Open Group space. This anxiety often means participants are not able to engage in the process or reflect upon the time there. From a survey of my ANZACPE peers I discovered that my experiences in this time are not unique. Therefore, I have been experimenting with various ways of naming Open Group and conducting Open Group. These include the creative methodologies employed by Michael Paterson, and the more structured Systems Centred processing that Joan Hemenway employed in "Inside the Circle". I would like to share the anecdotal results of my experimentations with my wider ANZACPE peers in a presentation that will include some break out groups, and time depending, even in a whole group participation in a short Open Group.

MICHAEL HERTZ: THE PEDAGOGY OF ACTION/ REFLECTION - A CASE STUDY IN ORGANISATIONAL TRANSFORMATION

STUDIO 9/10

Since my first CPE experience at age 24, I have believed that the CPE action/reflection pedagogy has the potential not only to change lives but to transform organisations and their cultures as well. I will introduce three innovative CPE programs which have inspired me and which have made lasting impact on the cultures of the organisations in which they were conducted. I will then discuss the integration and positive impact of Clinical Pastoral Education modalities across the Royal Perth Bentley Group's clinical and corporate culture. The workshop will conclude with an opportunity for participants to identify ways in which CPE in their contexts might become more fully integrated and transformative of the organisations and cultures in which they work.



ALL IN SESSION: 2.45PM MON 22ND AUGUST

CROSS SECTOR PANEL: SHAPING THE FUTURE OF SPIRITUAL CARE

ROOM A

Spiritual /Pastoral care has progressed in its professional standing over the past several years, thanks to the effort of stakeholders, particularly Spiritual Health Association under the leadership of CEO Cheryl Holmes, and Spiritual Care Australia. ANZACPE, developing common standards for CPE, and collaboration with universities, has also contributed to this. However, there is some way to go if we wish Spiritual Care to be on par with other Allied Health professions. What do we want Spiritual care to look like in the near future? We have invited stakeholders from these sectors to be part of a panel in what we hope will be robust conversation.

WORKSHOPS 2: 4.15PM MON 22ND AUGUST

CROSS SECTOR PANEL CONTINUED: SHAPING THE FUTURE OF SPIRITUAL CARE

ROOM A

Continuing the conversation.

LESLIE UNDERWOOD - THE BAREFOOT SUPERVISOR

STUDIO 3/4

I have never been comfortable with the concept of "walking a mile in someone else's shoes", this saying does however suggest "accompaniment and understanding of the situation of another to assist them to move along". This workshop will consider the qualities, capacities, discernment and effectiveness of a style of supervision shaped and informed by observation, experience and consideration of other theoretical and at times popular alternatives which have influenced and shaped CPE and pastoral care over many decades.



WORKSHOPS 3: 1.30PM TUE 23RD AUGUST

FRAN PREM: INTEGRATIVE REFLECTION

ROOM A

Integrative Reflection is an adaptation of traditional Theological Reflection to support reflective practice in a religious, spiritual or secular context. It uses image/metaphor and self-reflection to gain congruence between personal, spiritual and professional identities and practices and is based on the action - reflection - action learning model. By shifting from a cognitive process and into the heart, the process enables connection to the intuitive self for exploration of our life stories, inner self and spirituality. Through recognition of helpful or unhelpful inner influences and their impact on practice, practitioners can increase their self-awareness and capacity for self-supervision in their Spiritual Care practice.

HELEN VESTER: A CONSTRUCTIVIST APPROACH IN CPE - TEACHING YOUR SUPERVISEES TO LEARN

STUDIO 3/4

"Tell me and I forget.

Teach me and I remember.

Involve me and I learn."

An interactive workshop which will dare you to trust the wisdom of your CPE supervisees, concluding with a reflective exercise exploring what you bring to the supervisory relationship.

ROSLYN WRIGHT: SHARING THE STORY: DEVELOPING EMOTIONAL DIFFERENTIATION IN PAPERLESS CLINICAL REPORT PRESENTATIONS

STUDIO 9/10

Identifying and articulating emotions is an important skill set in spiritual/pastoral practice. This interactive workshop invites you into an alternative model of a paperless clinical report. The model offers a way of working with the direct emotional experience of CPE participants to help them differentiate their own emotions within an encounter from the emotions of the other. We will also explore what our own emotional responses as supervisors might offer us as we attend to the emotions described within the pastoral encounter, the presenter, and the members of group.



WORKSHOPS 4: 2.45PM TUE 23RD AUGUST

KAREN LUNNEY: CPE IN A REGIONAL HOSPITAL

ROOM A

Building a welcoming space for CPE Students in a Regional Hospital, with no official CPE Centre. Bendigo Health, like many regional hospitals, does not have an inhouse CPE Centre. However, we have welcomed many CPE students over the years from different CPE centres, and (pre-covid) were able to provide a venue for the North- East Victoria CPE Centre to run a CPE unit. As Manager of the Spiritual Care Department, I will share what we have learnt along this journey, from the contracts to the community, and how we have created a culture that encourages students to fully engage as part of the Spiritual Care team.

AMY FINIKI: TRUST THE PROCESS - POWER IN SUPERVISION

STUDIO 3/4

I trust the process with my whole being...do I need to control it too? Let us have a look at how we use our power in CPE and its effectiveness for our students.

SHOSHANA KAMINSKY: A SUPERVISORS INTRODUCTION TO JUDAISM

STUDIO 9/10

Many Christians incorrectly assume that Judaism has changed little since the Hebrew Bible. Exactly the opposite is true! It's important for Christian supervisors to be aware of the particular sensitivities that Jewish CPE participants may have. This workshop will provide a brief but comprehensive introduction to Jewish practices and beliefs as well as looking at areas of sensitivity to Jewish participants.



WORKSHOPS 5: 4.15PM TUE 23RD AUGUST

DR ASTRID NOTARANGELO: RECEPTIVE MUSIC EXPERIENCE - LISTENING DEEPLY

STUDIO 3/4

The facilitator will take participants through a music listening experience that encourages visual imagery, supporting them to deepen their listening and awareness as the music is repeated. The imagery used will be in keeping with the conference's 'Waters Under the Bridge' theme. Participants will be invited to gently share their impressions and felt experience so that they can learn from each other.

KARAN KENT: INDIGENOUS SPIRITUALITY AND YOGIC MOVEMENT

STUDIO 9/10

Karan, a proud Bidjara woman complimented by her strong Irish ancestry, offers this workshop using the modality of Wayapa Wuurk, a new and exciting Aboriginal wellness and earth connection practice, based on the ancient knowledge of deep connection to the earth. Wayapa takes you on a journey of self-discovery using a combination of earth mindfulness, breath, visualisation and gentle traditional movement. Participants have an opportunity to develop a sense of deeper understanding, through Aboriginal eyes, of custodianship of Mother Nature & why caring for the planet is vital for our overall health and the sustainability of future generations.

ALL IN SESSION: 11AM WED 24TH AUGUST

WORLD CAFE: FRAN PREM, SUZANNE ASHTON AND LOUISE ROSS

ROOM B

Our "World Café" will be a series of progressive conversations that facilitate discussion in small groups, and link ideas within a larger group to access the "collective intelligence" or collective wisdom in the room. We will have a board up for the whole of the conference in Room B, where you can write the issue or idea you would like the group to explore. Perhaps it's something you already have on your mind, or something that arises as a result of a workshop or conversation during the conference. Each topic will be assigned to a café table, and the group will be invited to move progressively between tables, choosing which topic you want to join next. As well as speaking and listening, you will be able to write or doodle on a paper tablecloth so that when people change tables they can see what previous members have expressed in their own words and images.